



Basketball Federation of India

BASKETBALL FEDERATION OF INDIA **TO ALL AFFILIATED UNITS**

Pl note: All the Official Regular Basketball Rules shall apply in the Sub Junior category with the following exceptions:

1. Basketball Size 6 will be used for both Boys and Girls sections
2. a) 3 point shot is valid
b) In case a foul is committed on a player in the act of shooting and the basket is successful, one free throw (Bonus throw) shall be awarded.
3. A team shall comprise of 12 players.
4. Atleast **TEN** players **MUST** play in every match. **Each of these TEN players MUST play ONE FULL QUARTER. A coach may substitute the other players (11th and 12th player) provided that each of the earlier 10 players have played in one full quarter.**
5. No player can enter the field in all the 4 quarters – as a player or as a substitute i.e., **A player MUST sit out for ONE FULL QUARTER in a match**
6. If a player has not played in the first 3 quarters and is entering the field only in the 4th quarter and if this player is injured/is disqualified or commits five personal fouls by which they cannot continue playing, then NO substitution is permitted for this player. The team MUST play out the remaining time with reduced number of players.
7. However, **if a player who is injured has already played one full quarter earlier**, may be substituted if injured/commits five fouls/is disqualified. However, if this happens when the player is playing his/her first quarter, then NO substitution for this player will be permitted and the team shall play the remaining time with reduced number of players.
8. No Charged Time Out is permitted for either team in the first 3 quarters. A team is entitled to ONE Charged Time Out in the 4th period and one in each extra period, if any.
9. The match will be played over 4 quarters of 10 minutes each.
10. The Game Clock shall be stopped whenever a foul is called or the referee instructs to stop the Game Clock.
11. In case the scores are tied at the end of regulation time, the game shall continue for as many extra periods as required to resolve the tie. During extra period(s), the teams shall continue to score in the same basket as was done during the 4th quarter of the scheduled game.
12. Teams can play either Zone defence or man-to-man defence.
13. The officials will not check the ball for a “throw in”. Referee will check the ball only when the game clock is stopped.